



TERM 3, WEEK 9, 2018

PHONE: 8625 2294

Dates to Remember:

- 28/9 - Last Day, Term 3
- 1/10 - Public Holiday
- 15/10 - First Day, Term 4
- 12/12 - Christmas Break
Up, at 5.30pm

Occasional Care

Places are available for
2018:

Monday 9am-12noon
(6mths-2yrs)

Wednesday 12noon-3pm
(6mths-4yrs)

Friday 12noon-3pm
(2yrs-4yrs)

Please book in one session
at a time and speak to Susie
if you have any questions.

Health care card: \$1:50
Or without
\$5 for 3 hours care.

Newsletters and other
information will be put in
children's pockets. Please
check pockets daily. If your
child arrives on a bus we will
put notes in preschool bags.
Check out our website
ngurayadurirncfc.sa.edu.au
we will get more information
on here as we go.

"This place is for becoming good, better, bigger and stronger"

Howdy Everyone

Oh my goodness where is the year going? Christmas is around the corner. Thankyou to those of you who ordered from our toy catalogues to help raise money for purchasing resources. Thankyou also to those of you who have supported the Governing Councils fundraising tea towels. It will look amazing with all the handprints and drawings. If you haven't put your order form in it's not to late. It will make a great Christmas gift.

Our Storytelling focus as a Centre has provided many fun learning opportunities for children and families. Congratulations to all families who read books to be part of our challenge. Staff have been out and about reading to groups of children at all schools, playgroups and parent groups. Research shows that children who are read to **everyday** have a vocabulary of 40,000 words. Children who are read to occasionally only have a vocabulary of 8,000 words. Reading aloud to your child introduces new words, grammar and concepts that you may not use during regular talking. Oral language and vocabulary are the foundation of literacy.

Enrolments are now welcome for 2019. We have exciting plans for 2019 so we look forward to connecting with all families who have a child turning 4 before 1st May 2019. There will be a pre-entry information night on Wednesday 17th October 7pm for all new families and families of children who will be attending the 4 year old program in 2019. This will be followed by some opportunities for the children to spend time at preschool to get to know the space and routines.

Bush Kindy has come to an end for 2018 for the 4 year old program. In Term 2 and 3, our 4 year old program puts a big focus on providing a nature based outdoor learning environment for our children as we are always keen to further extend our curriculum to include both the wider environment and community to allow children to build on their sense of identity. We provide a rich learning experience for children to hopefully later share with their families and build on the skills and experiences they have adapted to, and made their own, during our outdoor Bush Kindy visits. It is also a chance to provide a common experience for small separate groups of children. Our Bush Kindy days are filled with excitement as the children demonstrated what a great time they can have learning from and being at one with nature. They quickly adapted the learning dispositions and experiences that have now become part of their regular kindy life to this new open environment. We have also had our first Bush Playgroup and we will have many more. I will be on Long Service Leave for Term 4, Claire Higgs will be Acting Director. Enjoy Term 4.
Susie

Please remember we are a nut aware site which means NO nuts including NUTELLA, bars containing nuts, packets of nuts or anything with NUTS in the ingredients. Please send only healthy options for your children to eat. Also please **NAME** everything that comes to preschool, crèche, occasional care or other groups, we have lots of drink bottles, lunch boxes, clothes etc left with no names.

Please feel free to drop in or make a time to chat with me about any concerns regarding the Centre, preschool or parenting. Chat soon Susie and Team.

Preschool

The term continues to be full of learning discovery and fun! Sadly we are very near the end. We have been spending time exploring and extending our oral language and vocabulary, especially around words that describe size. We love the word **colossal** as a way of describing something that is really big and we are noticing how many children are using it to describe. We would love to know what words your child is using at home. We were lucky to have a visit from "Taco the Police dog". The children were super excited especially when Taco gave them a friendly sniff. Taco's handler spent time explaining the importance of never walking up to a dog you don't know and patting it without asking the owner first. Thank you to the SAPOL Officers who spent this time with us, we really appreciate your time. We have started a worm farm and the children are helping to care for the worms which in turn will produce a good "fertiliser" to go onto our newly planted vegetables. We are looking forward to being able to eat some of these soon for morning tea. Children do love having vegetable as well as fruit for morning tea.

A friendly reminder to please send named spare clothes so that your child is able to change when wet. Please be aware that we are a NUT FREE preschool so no nuts, peanut butter or Nutella.



2018 Preschool Term Dates

Term 1

29th January-13th April

Term 2

30th April-6th July

Term 3

23rd July-28th September

Term 4

15th October-14th December



2019 Preschool enrolment

Children are entitled to access 15 hours per week for four terms of preschool in the year before they start school. There is one intake at the beginning of each year for children who turn four years of age **before 1st May**.

If your child turns 4 **before 1st May 2019** please call Ngura Yadurim Children and Family Centre and talk to Susie to enrol your child on 8625 2294.

Aboriginal children can start when they are 3 years of age for 12 hours a week.

Preschool Fees are NOW due.

Preschool fees are the only funding we get to purchase pencils, paper and other resources for children's learning.

Fees are due and you can pay them in instalments if that is more suitable. Please see Susie if there is a problem. We have EFTPOS and bank transfer if more convenient. Thankyou Preschool children and staff

Playgroup

When you ask adults the question, "Where was your favourite place to play as a child?" The most common response is somewhere outdoors, whether this be, creeks, beaches, gardens or bushland! A lot of fond childhood memories we have are in nature and of safe risk taking.

In Week 7, Learning Together Playgroup took an exciting bus ride out to Wittelbee Conservation Park. This was the first time we have hosted Bush Playgroup and it sure was a lot of fun! Together we explored the bush, navigated our way up and down the sand hills, climbed over branches, found animal tracks and poo, looked at different plants, flowers and moss.

We enjoyed fruit on the mats and songs to finish.

Being in nature, strongly supports children's sense of wellbeing as children develop dispositions for learning such as curiosity, cooperation, creativity, imagination, confidence, and enthusiasm. Nature play provides an unstructured and multi-sensory play experience while helping to stimulate children's immune systems!

We welcome any new families with children Birth-5years of age to join playgroup on Tuesday mornings!



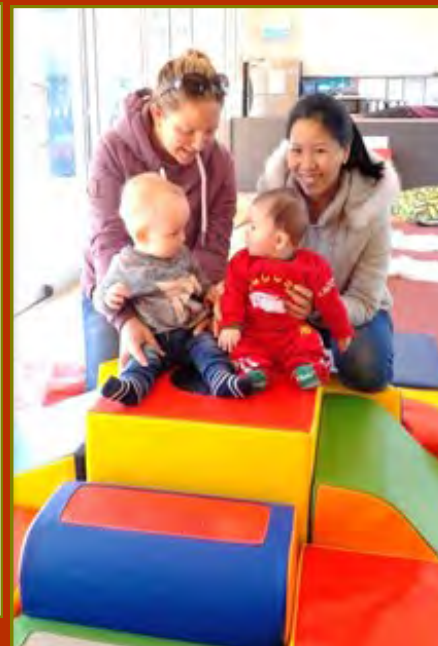
Creepers 'n' Crawlers Infant Playgroup

We have had lots of amazing mums and babies coming along to the Creepers 'n' Crawlers playgroup of a Friday morning throughout the term. It is a privilege to watch the babies grow and develop and a privilege for us to share the journey with the parent.

Creepers 'n' Crawlers provides babies with an opportunity to develop social skills; encourages physical activity; assists in development of emotional confidence and supports children to use their imagination. It also provides parents and carers with a calm environment to engage with each other and share ideas. The playgroup runs every Friday during Term time between 10.30am-11.30am.

Let Alysha and Annie know if you have any questions or if you may need a lift. You will also need to book ahead if you have an older child needing crèche.

Photo: Stephanie Bergmann with Lenny and Hoa Nguyen with Max enjoying some gross motor skill activities.



Baby Massage

Our Term 3 Baby Massage group has come to a finish. We have shared lovely Friday mornings.

Kind, gentle and safe touch helps babies to co-regulate, feel safe & develop trusting connections with caregivers. Baby massage has so many wonderful benefits such as aiding digestion, strengthening the immune system, speeding the brain and nervous system development, aids growth and helps with sleep and settling. It has been great having supportive conversations with other Mums. Call the centre if you or a family member are interested in the next group starting!



Connected Beginnings

Connected Beginnings have been thrilled to see our Community reading together and joining in with the Story Telling Buddies. Would you believe that we read **1152** times as a collective group. We visited lots of different places to read including Koonibba Preschool and School, along with Penong! To celebrate the end of the challenge we hosted a gathering of both children and caregivers. Our friends joined in from Ceduna Area School, as they enjoyed participating in the challenge too. We hope you are all reading to each other still, looking at pictures and having lots of books in your homes.

Seeing all the children in their special t-shirts has been wonderful!

We must say a big **THANK YOU the District Council of Ceduna** for donating the Children's Books that all the children were able to keep.



Circle of Security Parenting

A Relationship Based Parenting Program



7 week Program

Commences

Wednesday 24th October
2018

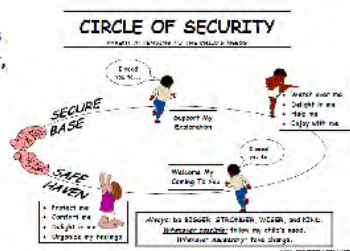
Time: 12.30pm – 2.30pm

No Cost

Creche Available

This program supports parents as they learn to be "bigger, stronger, wiser and kind" with their children.

Come and get some easy to understand information about the importance and benefits of secure attachment for children.



Facilitated by Annie Lonergan

Ngura Yadorirn Children and Family Centre

To register your interest please call Ph: 8625 2294

Cooking Together

Well, we have had a busy term with a lot of tasty dishes being cooked in the kitchen, making everyone's tummy rumble at the centre. One of the ways we make our dishes taste and smell so good is using herbs. Dried, which are super handy to have in the cupboard to add a convenient hit of flavour, we also use fresh herbs. They are so easy to grow at home, a few pots in the yard or on the windowsill, get the kids to help plant and water them, then just cut some off and sprinkle them over whatever you're cooking. Herbs add a wonderful, fresh flavour and a hit of nutrients without adding any extra salt! Happy cooking everyone and have a fantastic break.

Dear Community,

Currently we are unable to provide a CaFHS nurse at Ceduna very often.

We are looking to recruit someone soon from the local area.

Until then we are offering basic services, including universal visits for new babies. Some growth reviews and some preschool screening.

Please ring **1300 733 606** to make an appointment.












Parent helpline is available for assistance on **1300 364 100**.

Sorry for the inconvenience.

Regards

Verity Timms

Country North, Regional Manager, CaFHS

Monday	Tuesday	Wednesday	Thursday	Friday
Pre-School 9am – 3pm	Pre-School 9am – 3pm	Pre-School 9am – 3pm	Pre-School 9am – 3pm	Pre-School 9am – 12noon
OCCASIONAL CARE 8mths – 2yrs 9am – 12noon Occasional care for children whose parents need to attend appointments, meetings, or just to have a break! <i>Bookings essential.</i> \$5 per session or \$1.50 for Health Care Card holders	LEARNING TOGETHER PLAYGROUP 9am – 10.30am A playgroup and sing along for children birth to 5 years of age and their parents/carers. Learning Together Playgroup provides an interactive and fun opportunity for children and parents to play and learn together. Every Tuesday (During School Term) Light snack provided	NUNGA PLAYGROUP 9.30am – 11.30am This playgroup is for mums, dads & carers of Aboriginal children up to 5 years old. Call Save the Children for a ride 86253550. Facilitated by  OCCASIONAL CARE 6 months – 4 years 12 noon – 3pm Occasional care for children whose parents need to attend appointment, meetings, or just to have a break! <i>Bookings essential.</i>	JUMP 'N' JIVE PLAYGROUP 10am – 11am This playgroup is a very active group with children encouraged to climb, jump, crawl, balance, rock, hop, slide & go over, under & through to build your child's confidence & skill development. Facilitated by our OT Alysha. Suitable for ages 2-4 years. Did you know Aboriginal children can attend preschool from 3 years? Please call Susie for more info.  MY TIME 1pm – 3pm My Time is a FREE Program for mums, dads, grandparents and anyone caring for a child up to the age of 16, with a disability, chronic medical condition or special needs. Commencing on 18th October to 6th December 2018. Free Crèche available for children 0-5 years. For more information, please ring the Centre on 8625 2294, to register.	BABY MASSAGE 9.30am – 10.30am <i>*Bookings essential.</i> ...as we keep the group small to ensure individual attention. Call Alysha to find out when the next group is starting. A special time for you & your baby. CREEPERS 'N' CRAWLERS PLAYGROUP 10.30am – 11.30am A playgroup for pre-walkers and their parents or caregivers. A great opportunity for little ones to learn, explore and socialise in a calm, safe space. Crèche provided for big brothers & sisters. <i>Bookings essential.</i> please ring 8625 2294.  OCCASIONAL CARE 2yrs – 4yrs 12pm – 3pm Occasional care for children whose parents need to attend appointments, meetings, or just to have a break! <i>Bookings essential.</i> \$5 per session or \$1.50 for Health Care Card holders We are a nut aware site which means NO nuts including NUTELLA, bars containing nuts, packets of nuts or anything with NUTS in the ingredients. Please send only healthy options for your children to eat.
Young children are born ready to learn! GreatStart Early years learning Great Start has plenty of ideas and activities that can help you make the most of everyday learning and events. http://www.greatstart.org.au/	ABORIGINAL WOMEN'S YARN TIME 12.30pm – 2.30pm  A safe space for Nunga mums to come and yarn about parenting, and have a say in what happens at the Centre. Crèche provided for the children. Call the Centre on 86252294 if you need a ride and for crèche bookings.	CIRCLE OF SECURITY PARENTING 12.30pm – 2.30pm A relationship-Based Parenting Program, 7 wks. Commences 24th October. This program supports parents as they learn to be "bigger, stronger, wiser & kind" with their children. <i>No cost</i> <i>Crèche provided, booking essential.</i> Please call the Centre for more information-8625 2294  MINYA BUBS 12.30pm – 2.30pm  For young mothers under 25 of Nunga Bubs. Transport & refreshments. Call the Centre on 86252294 if you need a ride & for Crèche bookings.  GOVERNING COUNCIL MEETING DATES 7pm WEDNESDAYS 14th November and Monday 10th December Christmas Concert Wednesday 12th December 2018	MY TIME 1pm – 3pm My Time is a FREE Program for mums, dads, grandparents and anyone caring for a child up to the age of 16, with a disability, chronic medical condition or special needs. Commencing on 18th October to 6th December 2018. Free Crèche available for children 0-5 years. For more information, please ring the Centre on 8625 2294, to register.	OCCASIONAL CARE 2yrs – 4yrs 12pm – 3pm Occasional care for children whose parents need to attend appointments, meetings, or just to have a break! <i>Bookings essential.</i> \$5 per session or \$1.50 for Health Care Card holders We are a nut aware site which means NO nuts including NUTELLA, bars containing nuts, packets of nuts or anything with NUTS in the ingredients. Please send only healthy options for your children to eat.
We need you: if you would like to spend some time in the centre at any time please see Susie or any staff member to chat. Everyone has skills we can share.				
Please feel free to drop in or make a time to chat about any concerns regarding the Centre, preschool or parenting.	BRINGING UP GREAT BUBS IN EARLY YEARS 12.30pm – 2.30pm Bringing Up Great Bubs in Early Years is for all parents. Resources and information that can help you to raise happy and confident bub. Starting on Tuesday 23rd October 2018, for 6 weeks. Please call Annie Lonergan on 8625 2294 to register.	GOVERNING COUNCIL MEETING DATES 7pm WEDNESDAYS 14th November and Monday 10th December Christmas Concert Wednesday 12th December 2018	Please feel free to drop in or make a time to chat about any concerns regarding the Centre, preschool or parenting.	

Director of Education & Care: Susie Bowden ♦ Occupational Therapist: Alysha Parsons ♦ Family Services Coordinator: Annie Lonergan ♦ Community Development Coordinator: Vicki Coleman

Children and Family Centres have a strong focus on supporting Aboriginal families with young children to provide the best possible start in life.



Preschool Fees are NOW due.

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Book Swap

Come in and borrow a book from our shelf in the foyer!! Bring one back and swap it for another! Lots to choose from!

Fund Raising

Governing Council's fundraising this year is "Tea Towels". Join us in the foyer to complete your drawing or handprint for the special tea towel! Please see staff for the order form.

CONNECTED BEGINNINGS

"Together we can grow up strong babies & minya kids ready for deady learning today & tomorrow"
Who will Connected Beginnings assist?

- Indigenous children from birth to school commencement age
- Indigenous pregnant women, Indigenous Mothers and Indigenous Families

How can Connected Beginnings help?

Our Connected Beginnings team aim to increase the number of Aboriginal 3 and 4 year olds accessing preschool and support children and families as first educators.

We can connect you with;

**PRESCHOOL
SCHOOL
PARENT GROUPS
FAMILY SUPPORT
HEALTH SERVICES**

and other supportive Community Organisations.

PARENTS in EDUCATION WEEK

Free expert sessions for parents

Behaviours for learning and wellbeing: skills for life.
Learn how to help your child to develop behaviours to be their best.

Webcast information session for parents and carers.

Friday 14th September
12.30pm—2.30pm

How to live positively in a digital world

Balance screen-time
with children's learning
and development



Linda Cranley
University of
Notre Dame



Genevieve Johnson
La Trobe University

Friday 21st September
12.30pm—2.30pm

Behaviours for learning and wellbeing

How to set your child
up for success



Dr Justin Coulson

Friday 21st September
12.30pm—2.30pm

No more bullying

Tips for identifying,
defusing and
preventing
bullying



Lesley Harrison
eSafety Commissioner



Brett Murray
CEO of Make Bullying
History Foundation



Andrew Fuller
Clinical Psychologist



Government of South Australia
Department for Education

aisa

Association of
Independent Schools
of South Australia

**catholic
education**
south australia

About the seminars

Friday 14th September, 12.30pm—2.30pm

How to live positively in a digital world, with Linda Cranley and Genevieve Johnson

What parents need to know to balance children's learning, development and their use of technology.

Friday 21st September, 12.30pm—2.30pm

Behaviours for learning and wellbeing, with Dr Justin Coulson

Which behaviours and skills can support children's learning and wellbeing for life and what can parents do to help children develop these?

Friday 21st September, 12.30pm—2.30pm

No more bullying, with Lesley Harrison, Brett Murray, and Andrew Fuller

In this panel discussion, you'll learn about how to support your child to develop behaviours and skills to stop them being bullied or becoming a bully.