



Ngura Yadurirn Children and Family Centre

TERM 4, WEEK 9, 2018

PHONE: 8625 2294

Dates to Remember:

- **Monday 28th January**
Australia Day Holiday
- **Tuesday 29th January**
First Day Term 1, 2019
- **Monday 11th March**
Adelaide Cup Day

Occasional Care

Places are available for
2019:

Monday 9am-12noon
(6mths—2yrs)

Wednesday 12noon—3pm
(6mths-4yrs)

Friday 12noon—3pm
(2yrs-4yrs)

Please book in one session
at a time and speak to Staff
if you have any questions.

Health care card: \$1:50
Or without
\$5 for 3 hours care.

"This place is for becoming good, better, bigger and stronger"

To all our wonderful families and children,

I have said it before, but I will say it again, WOW this year has gone by so very very fast! This last term as I have "held the fort" while Susie has had some very well deserved long service leave has gone even faster! Susie will return in the New Year.

I think that as a Centre we would all agree that this year has been wonderfully jam packed full, just the way we want the Centre to be! Full of families and children! Our rolls in Preschool have increased this year which has meant that teachers have had to reflect and adapt on what and how they implement curriculum to meet the needs of all the children.

We have had some wonderful learning opportunities, with visits from SAPOL, Ambulance and CFS. We have had some Elders visit the centre to read to children, we have had the school children reading to Preschool and Playgroup children. This has been a lovely way for children to view themselves as capable and confident readers.

The children who start school in 2019 were so lucky to have Nana Sue and Uncle Wayne accompany them on their Bush Kindy days. Bush Kindy is a way for children to learn and discover about so much in our natural bush environment. They become the confident leaders and lead the learning. We would like to take this opportunity to say a very big Thank You to Nana Sue and Uncle Wayne for sharing their time and knowledge with our children.

Sadly we have to say a farewell to some of our staff;

Kristen Knowles is setting off to do some study in Adelaide next year. Thank you for all your hard work and dedication. We wish you all the very best as you embark on this new journey. We wish **Nadia Hurr**, who has been our 3 year old ALFS teacher for the past two terms, all the very best as she embarks on some exciting travel next year. Thank you Nadia, you did a wonderful job of supporting and extending children's oral language and reading skills.

And last but not least we farewell **Amanda Holecsek**. Amanda and her family are moving to Pinnaroo in the New Year. Amanda worked in Occasional Care, Crèche, and Preschool, and is a familiar friendly face for so many of our children and families. We really do wish Amanda all the very best and thank her for her passion, dedication and empathy she shows to everyone she meets. Good luck to you all.

We also farewell our children and families who move into the next phase of their learning journey as they enter school. We wish all these children and their families the very best!

Finally I wish you and your families a very happy, fun and safe holiday.

Claire

Newsletters and other information will be put in children's pockets. **Please check pockets daily.** If your child arrives on a bus we will put notes in preschool bags. Check out our website ngurayadurirncfc.sa.edu.au we will get more information on here as we go.

Please remember we are a nut aware site which means NO nuts including NUTELLA, bars containing nuts, packets of nuts or anything with NUTS in the ingredients. Please send only healthy options for your children to eat. Also please **NAME** everything that comes to preschool, crèche, occasional care or other groups, we have lots of drink bottles, lunch boxes, clothes etc left with no names.

Please feel free to drop in or make a time to chat with me about any concerns regarding the Centre, preschool or parenting. Chat soon Claire and Team.

Preschool

Hello and welcome to our last week of preschool for the year!

We have a strong focus on oral language at preschool. To support conversations and understanding of a range of stories, the children have used story tables and props. The children have used the props to tell the stories in their own words and read books together. By discussing stories and sharing ideas, children can further develop their oral language and confidence which are skills for life.

The vegetable garden and the worm farm at the preschool has encouraged children's discussions of experiences and ideas. The children have been enthusiastic about the vegetable garden and have planted many different types of flowers and vegetables and watched them grow. The children's sense of ownership of the garden has increased as they take responsibility for caring for the garden by watering the plants and pruning them. With the produce from our garden, we have cooked healthy foods to promote healthy eating and discussions about foods.

These experiences have allowed children to learn new words and communicate their thoughts and experiences to others.



Book Swap

Come in and borrow a book from our shelf in the foyer!! Bring one back and swap it for another! Lots to choose from!

2019 Preschool Term Dates

Term 1

29th January-12th April

Term 2

29th April-5th July

Term 3

22nd July-27th September

Term 4

14th October-13th December

Preschool Fees are NOW due.

Preschool fees are the only funding we get to purchase pencils, paper and other resources for children's learning. Fees are due and you can pay them in instalments if that is more suitable. Please see Claire if there is a problem.

We have EFTPOS and bank transfer if more convenient.

Thankyou Preschool children and staff.

Jump'N'Jive

Great to see all you groovers this year at Jump 'N' Jive! We have LOVED seeing all your faces at Jump 'N' Jive when it has been in a special location such as the foreshore and town hall.

We have seen so many children gain confidence in navigating different areas of gross motor play. E.g. Climbing, balancing, jumping, pulling. Repetition and opportunity has been key in this! This is so important not only for physical development but also helps language, fine motor and cognitive skills! We have been learning group songs like "1 Great Elephant Balancing" and building confidence to say our name in the hello song! We welcome everyone to join us next year, same time on a Thursday and keep an eye out for our special events!



Learning Together Playgroup

It has been FANTASTIC seeing you all at Learning Together Playgroup this year. What growth, development and learning we have seen in all the children. As staff, we feel privileged to share your learning journey with you and your young one/s. Thank you to those families who filled out a Feedback/Idea Form as this helps NYCFC Staff evaluate programs/groups and plan for 2019! We hope you have a safe, relaxing holiday break and we look forward to seeing you all next year!



Baby Massage

We have shared lovely Friday mornings for bubs and Mums to come together. We have been learning the different strokes and techniques. Mums have had the opportunity to weigh and measure bubs in the sessions. It has been an absolute privilege to watch all the bubbas grow over the weeks and watch caregivers spend time bonding with their minya ones. Ring the centre to put your name down for our next group starting in 2019!



Cooking Together

A special week for the last week, we'll be cooking up some Christmas treats for all to enjoy, not very healthy, but it is Christmas! I hope you all have a wonderful time this Christmas creating some yummy salads, seafood dishes and naughty sweet treats. Remember to mix it up and enjoy yourselves. A very merry Christmas to you all and a fantastic New Year. I am looking forward to cooking up some more delicious dishes with our marvellous Mums in 2019. Jen



Bringing Up Great Kids



Being a parent is the most important job you can do. It will last a lifetime. You don't have to know everything all the time. In fact, children and parents learn from each other. The more we can understand children, the more we can help them grow and develop. Learn about the messages we give our children and the messages they give us. Bringing Up Great Kids is an attachment theory resource for all parents with information that can help you to raise happy and confident children.

The sessions run for approximately 2 hours per week over 5 weeks.

To register your interest or to ask for more information contact Annie Lonergan 8625 2294. Annie is the Family Services Coordinator and has a social work background. No cost and free crèche available.

Circle of Security Parenting Group

The Circle of Security Group is a relationship based early intervention program designed to enhance attachment security between parents and children. Decades of university-based research have confirmed that children who have a secure attachment with their caregivers exhibit increased empathy, greater self-esteem, better relationships with parents and peers and an increased capacity to handle emotions more effectively.

If you are experiencing issues with parenting or just looking for some reassurance then the Circle of Security is a great parenting program.

The Group runs for 8 sessions and there is no cost to join the group. A crèche is available for children under 5 while you participate in the group. A group runs each school Term.

We are about to start our Term 1 group.

If you are interested in registering your interest for the next group please contact Annie Lonergan at Ngura Yadurirn Children and Family Centre 86252294.



Creepers 'N' Crawlers Playgroup

Caregivers are children's 1st play mate and most important educators!

Caregivers help children learn about the world around them and how to navigate new relationships and new experiences. We have had lovely Friday mornings at Creepers 'N' Crawlers this term and have had really positive learning experiences. We have finished group with songs such as "Row, Row, Row your boat and Twinkle Twinkle Little Star".



Connected Beginnings

On Wednesday 28th November the Ngura Yadurirn Children and Family Centre Connected Beginnings Team and Save the Children facilitated a **Pop-Up Play Café** at Arts Ceduna!

Earlier in the year, The Connected Beginnings Team collected feedback from a wide range of community groups about what was missing for children in the early years in the Ceduna Community. A large number of families stated that they would love to have a Play Café! While we couldn't build a Play Café, we worked hard to re-create one where families could enjoy some yummy lunch and take part in fun play activities at the same time.

We would like to thank both Save the Children and the Arts Ceduna teams for helping us create such a great day.

The Connected Beginnings Team are joining forces with other Early Years Services to offer regular Pop-Up Playgroups in and around Ceduna Community with some exciting ideas planned for 2019.

To keep updated on what we are up to, please like the Ngura Yadurirn Children and Family Centre Facebook page where we post lots of great information for families and flyers for all scheduled Pop-Up Playgroups.

We would like to wish all families a very Merry Christmas and Happy New Year and look forward to seeing you all again at our playgroups next year.



CONNECTED BEGINNINGS

"Together we can grow up strong babies & minya kids ready for deadly learning today & tomorrow"

Who will Connected Beginnings assist?

- Indigenous children from birth to school commencement age
- Indigenous pregnant women, Indigenous Mothers and Indigenous Families

How can Connected Beginnings help?

Our Connected Beginnings team aim to increase the number of Aboriginal 3 and 4 year olds accessing preschool and support children and families as first educators.

We can connect you with;

PRESCHOOL ♦ SCHOOL ♦ PARENT GROUPS ♦ FAMILY SUPPORT ♦ HEALTH SERVICES
and other supportive Community Organisations.



2019 Preschool enrolment

Children are entitled to access 15 hours per week for four terms of preschool in the year before they start school. There is one intake at the beginning of each year for children who turn four years of age **before 1st May**.

If your child turns 4 **before 1st May 2019** please call Ngura Yadurirn Children and Family Centre and talk to Susie to enrol your child on 8625 2294.

Aboriginal children can start when they are 3 years of age for 12 hours a week.

Farewell to:-

Amanda Holecek,
Nadia Hurr and
Kristen Knowles.

